

Bryan Fisher Appointed President and Chief Operating Officer of National Surgical Hospitals

David Watson Joins as Chief Financial Officer

CHICAGO, August 9, 2011—National Surgical Hospitals (“NSH” or the “Company”), an owner, operator, and developer of surgical facilities in partnership with local physicians, announced today that Bryan Fisher has been appointed President and Chief Operating Officer of the Company. Mr. Fisher, who previously served as the Company’s Chief Financial Officer, will be succeeded in that role by David Watson, who joins NSH with more than 20 years of accounting experience and an extensive background in healthcare and multi-site operations.

Jim Grant, current COO, will remain an Executive Vice President with NSH and will work closely with Mr. Fisher through February 2012, at which time Mr. Grant plans to retire. John G. Rex-Waller, President and CEO of the Company, will remain CEO.

“Bryan has long been an integral part of the team at NSH, and I am very pleased to announce his appointment as President and COO,” said Mr. Rex-Waller. “His intimate knowledge of our operations makes him a natural fit for the role as we continue to grow NSH.”

Rex-Waller continued: “I am equally pleased to welcome David as our new Chief Financial Officer, whose deep experience in multi-site healthcare operations will be tremendously valuable to our team. This is an exciting period in NSH’s history, as we explore our options for growth in the marketplace. Looking to the future, the team is well-positioned to serve our existing facilities in addition to providing the right resources needed to supplement our operations and growth strategies.”

“Successfully implementing our operational strategy is critical to executing on our overall growth plans,” said Mr. Fisher. “I look forward to continuing to work closely with our partners to improve operations at our existing facilities, and to integrating newly acquired facilities into the NSH family.”

About National Surgical Hospitals

National Surgical Hospitals is the innovative healthcare partner that empowers physicians to thrive in a changing marketplace. NSH owns and operates 14 surgical hospitals and seven ambulatory surgery centers, specializing in orthopedic surgery, spine and back, pain management, and neurosurgery. For information about NSH, visit the company’s website at www.nshinc.com.